



**Toronto Area Hospice Regatta**  
**J 70 Canadian Championship**  
**Hosted by**  
**Port Credit Yacht Club**  
**June 23-25, 2017**  
**Sailing Instructions**

**The Port Credit Yacht Club, the J70 Class and the TAHR Committee comprise the organizing authority for this regatta.**

## **1 RULES**

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
- 1.2 The prescriptions of Sail Canada will apply and will be posted on the Official Notice Board. They may also be found at:  
[http://www.sailing.ca/files/RRS\\_2017\\_2020\\_Sail\\_Canada\\_Prescription\\_Final\\_EN.pdf](http://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf)
- 1.3 The class rules for the handicap classes are PHRF Lake Ontario (PHRF-LO) for PHRF fleets.
- 1.4 The class rules of participating classes will apply.
- 1.5 For protests involving an infringement of a rule of Part 2 of the RRS, an arbitration hearing may be held in accordance with RRS Appendix T. The arbitrator may attend a full hearing.
- 1.6 For all classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty for incidents outside the Zone.
- 1.7 The penalty for a breach of a rule labeled **[DPI]** in the Notice of Race or the Sailing Instructions will be at the discretion of the protest committee and may be less than disqualification.
- 1.8 **[DPI]** Competitors are reminded that RRS 55 prohibits intentionally putting trash in the water. This rule applies at all times.

## **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board(s) located on the Patio under the tent.

## **3 CHANGES TO SAILING INSTRUCTIONS**

Changes to the Sailing Instructions will be posted by 0930 on the day they will take effect.

## **4 SIGNALS MADE ASHORE**

Signals made ashore will be displayed on the flagpole on the main lawn.

## **5 SCHEDULE OF RACES**

- 5.1 The scheduled time of the warning signal for the first race of each day is 10:55.
- 5.2 No starting sequence will commence after 1530 on Sunday.
- 5.3 There will be a competitors meeting each day at 09:30.

## **6 THE COURSES**

- 6.1 The course for the One Design fleets is described in Appendix "A".
- 6.2 The course for PHRF fleets is described in Appendix "B".

## **7 THE START**

- 7.1 **[DPI]** Each boat intending to race shall, before their first race in each day, come within hailing distance of the Race Committee vessel, either before the warning signal for the first Class in the first race or immediately after their Class warning signal, and shall report its sail number and receive

acknowledgement. Boats attempting to signal their intent to race shall still keep clear of the Starting Area as defined in Sailing Instruction 7.3. The Race Committee will not accept reports of intent to start via VHF radio.

7.2 The starting line will be between the halyard carrying the orange flag on the Race Committee vessel and the start mark.

7.3 After the first warning signal for a race and prior to her warning signal, a boat shall keep clear of the starting area that extends the length of the starting line ahead of and behind the starting line. It shall also extend one-half the length of the starting line past either end of the starting line.

7.4 A mark may be laid inside or near one end of the line (a "distance mark") in which case, boats shall not pass between that mark and the Race Committee vessel at any time.

7.5 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start. This changes RRS A5.

7.6 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the minute before her starting signal, the race committee may announce this on the applicable VHF Channel.

7.7 Individual recalls will comply with RRS 29.1. The Race Committee may announce via VHF Channel 71 the sail number or boat name of each premature starter. The failure to announce or the order in which boats are announced shall not be grounds for redress. This changes RRS 62.1.

## **8 CHANGE OF THE NEXT LEG OF THE COURSE**

8.1 Changes will be made in accordance with RRS 33 except as described in SI 8.2.

**8.2 CHANGE OF COURSE BETWEEN STARTS:** If there is a significant wind shift during a series of start sequences, the race committee may signal a change course for a class as follows: At or before the warning signal, Flag C will be displayed until after the starting signal. When, in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

## **9 TIME LIMITS**

A time limit of 20 minutes after the first boat to finish in each class will apply. Boats failing to finish by the time limit for their class will be scored DNF. This changes RRS 35 and A5.

## **10 THE FINISH**

10.1 Boats will finish between the halyard carrying the Orange Shape or Flag on the Race Committee vessel and the Finish mark as described in the diagram at Appendix A.

10.2 If the Race Committee does **not** plan to run another race, it will fly Code Flag "H" at the finish.

## **11 PENALTY SYSTEM**

A boat that has taken a penalty or retired under RRS 44.1 shall notify the race committee after she has finished or retired.

## **12 PROTESTS AND REQUESTS FOR REDRESS INCLUDING ARBITRATION**

12.1 Boats are requested to notify the Race Committee, by VHF radio immediately after finishing or withdrawing, of their intention to protest in that race, naming the boat(s) protested.

12.2 Protest forms are available at the Jury Desk as indicated on the Official Notice Board.

12.3 Protests shall be lodged in writing at the Jury Desk within 90 minutes of: a) the time of the last boat to finish the last race of the day on the protesting boat's course, or b) expiry of the time limit if that terminated the last race of day, or c) abandonment of racing for the day on the protesting boat's course, whichever is applicable.

12.4 Notice of protests to be heard will be posted on the Official Notice Board within 30 minutes of the end of protest time. This serves as notice as required by RRS 63.2.

12.5 Protest hearings will be held as soon as possible after being posted.

12.6 Breach of class or handicap rules will be allowed as grounds for protest provided the protestor submits an official copy of said one-design or handicap rules to the Protest Committee when filing the protest.

## **12.7 Arbitration**

The arbitration will be in accordance with RRS Appendix T. The arbitrator may attend the full hearing.

## **13 SCORING**

13.1 The Regatta will be scored as a single series with one race required to be completed to constitute a series. All races in the Regatta to count.

13.2 A boat that did not finish shall be awarded points for the finishing place one more than the number of finishers for that race. This changes RRS A4.2.

13.3 All scoring will be Time on Time or Level.

## **14 [DPI] SAFETY REGULATIONS**

Once a boat has fulfilled her check-in requirements, if she withdraws from a race or if she no longer intends to participate in racing, she shall: a) keep clear of other competitors and b) notify the Race Committee and receive their acknowledgment either orally or on VHF channel 71.

## **15 [DPI] REPLACEMENT OF CREW OR EQUIPMENT**

15.1 Unless prohibited by class rules and as long as minimum crew requirements are met, crew changes between races will be allowed.

15.2 Unless prohibited by class rules, substitution of damaged or lost equipment will be allowed.

## **16 [DPI] EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

## **17 [DPI] SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

## **18 [DPI] HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

## **19 [DPI] PROHIBITED EQUIPMENT**

19.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

**19.2 Dehumidifiers are not allowed while moored in the PCYC harbour.**

## **20 [DPI] RADIO COMMUNICATIONS**

20.1 The Race Committee will use VHF channel 71. If it is necessary to change channels they will make an announcement indicating the new channel.

20.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. Access to the Internet is prohibited. This restriction also applies to mobile telephones except that a crew member may place or receive calls of a personal nature that do not involve the exchange of information which could affect the boat's outcome in the race. This changes RRS 41.

20.3 Race Committee broadcasts regarding its intentions, the course to be sailed; start times, course changes, etc. are a courtesy only. Failure of the Race Committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress. This changes RRS 60.1(b).

20.4 When the Race Committee intends to protest a boat the Race Committee may notify the boat, after the race, on VHF channel 71, in addition to the notification of SI 12.4. All boats should monitor VHF channel 71 for one half hour after the last finish of the last race of the day. Failure of a boat to receive such radio notification shall not be grounds for redress. This changes RRS 60.1 (b) & 61.1(b).

## **21 PRIZES**

Presentations of Flags and other prizes will be made as soon as possible after racing.

## **22. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **23 INSURANCE**

Each participating boat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$1,000,000 CAD per event for Canadian boats and \$350,000 USD for US boats. A copy of the policy shall be kept on board the boat.

# Appendix “A” – The Course

## 24 SCHEDULE

The Regatta will consist of a maximum of 7 races. There will a maximum of 4 races on Saturday.

## 25 RACING AREA

The starting area is centred on a point approximately 1.5 nautical miles at 145 degrees magnetic from the entrance to PCYC.

## 26 SIGNAL BOAT

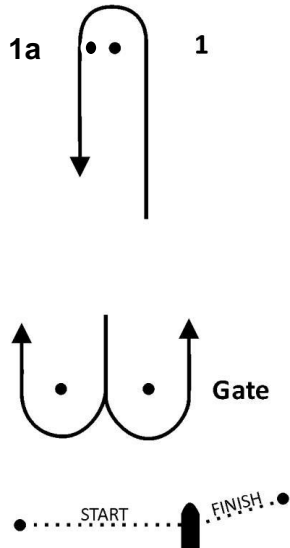
The signal boat is the PCYC Signal Boat “Heron II”.

## 27 CLASS FLAGS

Class	Division flag	Course Marks	Change Mark
J70	Code Flag “1”	Yellow Tetrahedron	Orange Tetrahedron
Melges 24	Code Flag “2”	Yellow Tetrahedron	Orange Tetrahedron
Melges 20	Code Flag “3”	Yellow Tetrahedron	Orange Tetrahedron
Etchells	Code Flag “4”	Yellow Tetrahedron	Orange Tetrahedron

## 28 THE COURSE

28.1 The compass bearing to Mark 1 will be displayed on the signal vessel before the warning signal. The marks will be tetrahedrons with a different colour change of course mark and are to be rounded as follows: Start- 1 – 1a – Gate – 1 – 1a – Finish.



28.2 If a mark is missing at the gate the remaining mark is to be rounded to port.

## Appendix “B”

29. For **PHRF Handicap Fleets** the race will be a point to point format. The course will be described at the Information Meeting at 09:30 each day. It is the intention of the Race Committee to post the course on the Notice Board by 20:00 hours on Friday June 23 however it will be subject to change depending on weather etc..

30. Division splits will be posted on the Notice Board by 20:00 hours on Friday June 23. It is the intention to keep the ratings in as narrow a band as possible.